

# Health and Wellbeing Board

25 January 2018



## Fast Track Plan - Transforming Care for People with a Learning Disability

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### Report of Donna Owens, Commissioning and Delivery Manager, NHS North Durham CCG & NHS Durham Dales, Easington and Sedgefield CCG

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#### Purpose of the Report

- 1 To provide the Health and Wellbeing Board with an update on the Transforming Care Programme and local implementation.

#### Background

- 2 Following the Winterbourne View scandal a national programme was launched aimed at reducing reliance on long stay learning disability hospitals. In 2015 NHS England announced that the North East and Cumbria would be one of five national Fast Track areas for Transforming Care for people with a learning disability. The programme would be all age and would also develop to include people with Autism.
- 3 Since 2015 work has been undertaken to understand the current picture in relation to learning disabilities in the North East and Cumbria – a significant amount of work has been done to map out the system and its stakeholders.
- 4 The focus for the North East and Cumbria has been on reducing reliance on in-patient beds, and increasing community based capabilities, the aims being:
  - Less reliance on in-patient admissions.
  - Developing community alternatives.
  - Prevention and support to avoid crisis.
  - Better management of crisis when it happens.
  - Better, more fulfilled lives.
- 5 A transformation plan was developed across the North East and Cumbria which identified that by improving community infrastructure, supporting the workforce and avoiding crisis by focusing on earlier intervention and prevention, the area would be able to support people in the community more effectively thus avoiding the need for hospital admission.

- 6 The plan focuses on a systematic reduction and closure of learning disability assessment and treatment beds over the five years to March 2019.
- 7 The Transforming Care Programme highlights the importance of local partnership working between commissioners.

## **Progress**

- 8 Following the launch of the national plan (Building the Right Support) and subsequent roll out in 2016/17, The North East and Cumbria received an additional £1.2M of national transformation funding to support local delivery of its plan. A number of key developments and achievement which should be acknowledged. These include:
  - Workforce - the production of the Workforce Strategy; establishment of the Positive Behavioural Support (PBS) hub and Leadership Training Programme(s), accompanied by a comprehensive work plan.
  - A Community Model/Framework published, with nine Local Implementation Groups (LIGs) confirming their existing local operating model and future vision.
  - The Secure Outreach Team (SOTT) specification was agreed and the commissioning of this service initiated by NHS England specialised commissioning.
  - Rethinking advocacy project has concluded with learning and outcomes utilised to inform the next steps of reshaping advocacy at local level.
- 9 The Programme has demonstrated positive progress against delivery of its local plan through achievement of planned trajectories and bed closures. It is however acknowledged that there remains a lot of work to do which will require a more collaborative approach. On this basis a South of the Region Implementation Group has been established covering Durham, Darlington and Teesside. This Implementation Group is overseen by an executive Hub chaired jointly by a Local Authority Director of Social Care and a CCG Director with senior membership from partners including Tees Esk and Wear Valley Trust and the Independent Sector.
- 10 A delivery plan has been produced which focuses on three key areas for development, to build upon the progress already achieved locally:
  - Crisis Care and Early Intervention
  - Workforce Development
  - Coproduction and Culture

- 11 We know that people can be effectively supported to live as independently as possible in mainstream housing, or supported housing in the community, without creating institutional models of housing and care. The national service model states that people should be supported to live as independently as possible in settled accommodation in the community, rather than living long-term in institutionalised settings.
- 12 One of our collective ambitions is to significantly increase housing options and choices for people that also support person centered care and positive support approaches. Working together we have identified inpatients through Care and Treatment Reviews (CTRs) who will be discharged within the next two years and we are progressing plans to enable timely discharges. Critical to success is housing and accommodation, which must be available and responsive to local needs, accompanied by personalised care and support arrangements.
- 13 To support our joint commissioning ambitions a number of local developments have been progressed incorporating innovative design and coproduction based on the identified needs of people who are either inpatients currently or whose needs and potential are not being met fully in the community. These developments represent a crucial response to the needs of people whose needs may be challenging to existing provision and whose quality of life can be greatly enhanced.
- 14 A number of discharges have been enabled through the joint working between Health and Social Care Commissioners, ensuring that people are supported to live safely and with appropriate support within the community. This work has also included examples of innovative ways of supporting people to prevent an unnecessary admission to hospital.
- 15 An example of how the creative use of safe space/time out accommodation has been used successfully in Durham is outlined below:

George was living in a residential care home. One Friday afternoon he reached a point of crisis and assaulted a member of staff. It was possible that criminal charges would be pressed, and he needed a place of safety over the weekend.

George spent a month in the time out service, where he was given intensive support from the multi-disciplinary team. After a month he was ready to move on. He was fully involved in the decision about where he would live and he is now living in a much more suitable home, he has his own flat. He is doing well, and is no longer considered to be 'at risk' on the joint Local Authority and CCG Dynamic Risk Register.

- 16 CCGs continue to provide weekly assurance updates to NHS England and partners in relation to the patients that are currently being supported within inpatient settings. A summary of the achieved and planned discharges is set out below.

## Total inpatients and planned discharges

CCG	Total inpatients as at Nov 17		Discharges							
			Achieved				Planned			
			Q1		Q2		Q3		Q4	
	CCG	NHS Specialised Commissioning (SC)	CCG	SC	CCG	SC	CCG	SC	CCG	SC
DDES	4	9	5	2	4	0	1	0	1	1
North Durham	4	13	4	4	3	0	1	0	0	3
<b>Total</b>	<b>8</b>	<b>22</b>	<b>9</b>	<b>6</b>	<b>7</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>4</b>

## Financial Update

- 17 A financial workstream is in place across the region with membership from local authorities and CCGs. This group have been developing financial models based on the current and forecasted spend to determine the impact of developing community based care and ensure that this does not disproportionality impact on either partner.
- 18 NHS England has offered non-recurrent transition funding to support the Learning Disabilities Transformation Programme and achievement of targets for 2017/18 and 2018/19. The Learning Disability Executive Steering Group has agreed that this transition funding should be held by Local Authorities who will host the funds on behalf of their Collaborative Commissioning Hub who will determine and agree exactly how funds will be used.
- 19 The proposals that have been developed and submitted for funding for the South Hub are:

Proposal	Full Cost (includes match funding)
1 Intensive In Reach Support (Durham/Darlington/Tees)	£450,000
2 Life Designs Development including Co-production and Culture (Durham/Darlington/Tees)	£25,000 (non-recurrent)
3 Discharge Co-ordinator/s (Durham/Darlington/Tees)	£70,000
4 Time Out Accommodation – Tees	£29,000
5 Time Out Accommodation – Durham - accommodation retainer	£26,000
<b>TOTAL</b>	<b>£600</b>

- 20 The allocation this year is £832,000 and next year £1,070,00. £300,000 has been allocated for the South of the Region Hub, of which Durham Council are partners. Capital funding is also being made available nationally. £250,000 has been identified within plans for both North Durham CCG and DDES CCG. A submission has been made to this fund for the Durham area to support the development of a further safe space accommodation model.

- 21 Partners are being supported to develop capital submissions, particularly in relation to children and young people and with a focus on preventing avoidable admissions and supporting people through to adulthood.

### **Recommendations**

- 22 The Health and Wellbeing Board is recommended to:
- (a) Note the content of the report and local progress
  - (b) Continue to support the collaborative development of new models of community care and support for this client group

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## **Appendix 1: Implications**

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**Finance:** Increased resources required to support people in the community. Cost pressures have been identified for both CCGs and Local Authorities.

**Staffing.** None specific to this paper. Workforce planning is being undertaken across the Region

**Risk** Failure to develop the community infrastructure will result in people not being supported effectively in the community and at risk of being admitted unnecessarily to inpatient provision or to out of area accommodation

**Equality and Diversity / Public Sector Equality Duty** None specific to this paper.

**Accommodation.** New models of community based housing and support are required to deliver the Transformation Programme.

**Crime and Disorder** None specific to this report

**Human Rights** None Specific to this report

**Consultation** None specific to this report

**Procurement** New models of community based housing and support are required to deliver the Transformation Programme.

**Disability Issues** Improving provision and choice for people with a learning disability and/or Autism

**Legal Implications** None specific to the report